

PTSD Resurrected Inc
Annual General Meeting 2025
Financial Year: 2024–2025

Chairman's Report
AGM 2023/24 Financial Year
14th November 2025

Vision and Mission

In the 2024–2025 financial year, PTSD Resurrected Inc. continued to advance its vision of restoring **Hope, Healing, and Purpose** to veterans, first responders, and families impacted by trauma. Building upon previous years' successes, our programs, partnerships, and community outreach have grown in both scale and impact. We remain steadfast in our commitment to helping individuals recover, reconnect, and rebuild their lives through holistic trauma recovery initiatives inspired by faith and community.

Hope: Expanding Awareness and Engagement

This year saw significant expansion in community and public engagement. Through speaking engagements, RSL forums, church gatherings, and public events, we continued to dismantle the stigma around mental health and trauma recovery. Key highlights include:

- **National Presentations and Speaking Engagements:** Delivered across veteran, police, and community sectors, including RSL Queensland forums, Defence in Business, and Veteran Health Week events.
- **Faith and Community Outreach:** Partnered with local churches and community groups for joint events and trauma awareness programs.
- **Media and Advocacy:** Featured in podcasts, local radio, and print media to share messages of hope and healing.
- **Public Recognition:** Continued collaboration with our Patron, Brigadier (Ret'd) Jim Wallace, who commended the organisation's vision for national REBOOT expansion.

These initiatives helped us reach new audiences across Australia, reinforcing the message that **recovery is possible and community is vital**.

Healing: Delivering REBOOT Trauma Recovery Courses

The REBOOT Trauma Recovery courses remained the cornerstone of our healing mission. In the 2024–2025 financial year, we successfully delivered **seven courses** — four face-to-face and three online — reaching hundreds of participants across Australia.

Face-to-Face Intensives:

- **Cairns – July 2024**

- **Robina – 3–5 February 2025**
- **Townsville – 25 February to 1 March 2025**
- **Tweed Heads (NSW) – 26–28 March 2025**
- **1 Day Moral Injury Workshop (in coloboration with ATA) 17 June 2025**
- **Christmas celebration Dinner Nov 2024**

Online Intensives:

- February, August, and October 2024
- Online – 7–9 May 2025

Across all REBOOT programs and related events, a total of 150 participants engaged in trauma recovery and resilience-building activities during the 2024–2025 financial year. Participant feedback and follow-up assessments continue to show strong improvements in emotional wellbeing, relationship restoration, and spiritual growth — reaffirming the effectiveness of our peer-led, faith-based approach.

Our 3-day intensive format, alongside ongoing 12-week REBOOT programs in Brisbane and Perth, continues to yield measurable outcomes in trauma recovery. These courses were supported through RSL Queensland funding, enabling accessibility for veterans and first responders nationwide.

Purpose: Building Resilience and Community

Purpose has become the defining pillar of PTSD Resurrected's work. Many graduates are now serving as facilitators, mentors, and volunteers, embodying our model of peer-led recovery.

- **Community Connection:** Continued delivery of social and family-building events — BBQs, and online coffee meetups — nurturing ongoing peer support.
- **Behind the Mask Charity Ball:** Held in May 2025 at HOTA, again achieving its fundraising target and uniting the community around our cause.
- **Partnerships:** The Pride of Betterman Inc. raised over \$7,000 for PTSD Resurrected and launched a Seven-Summit fundraising challenge for 2025–26.
- **Leadership Development:** Expanded facilitator training in Brisbane and Perth, equipping new leaders to deliver REBOOT programs across Australia and the South Pacific.

These collective efforts strengthen a sustainable, community-based model of trauma recovery where purpose and connection are integral to long-term healing.

Financial Overview

The **2024–2025 audited financial statements** show a strong turnaround and financial resilience. PTSD Resurrected recorded a **profit of \$33,762**, compared to a \$13,711 loss in the previous year

Key highlights include:

- **Total Revenue:** \$210,681 from grants, sponsorships, and donations
- **Other Income:** \$215,437 from fundraising, including \$134,989 from the annual charity ball
- **Total Operating Expenses:** \$368,883, maintaining efficient cost management amid growth
- **Cash Reserves:** Increased to \$143,051, ensuring sustainability and capacity to deliver on future commitments

The audit confirmed compliance with ACNC standards and highlighted strong financial stewardship while encouraging continued governance strengthening — recommendations which the board is already actioning

Governance and Acknowledgements

This year, we continued to refine internal processes to align with best-practice governance and ACNC compliance standards. Our leadership team has remained consistent and dedicated:

- **President:** Zoe Cullen
- **Secretary:** Andy Cullen
- **Treasurer:** Simon Schembri

Special Thanks:

- **Mary Melo**, for her previous service as a Board Member and her continued professional contribution through design, media, and marketing support.
- **Sean and Leanne De Gelder**, for ongoing pastoral care and community engagement.
- **Atlantis Recovery Centre**, for their professional psychological support and data reviews of REBOOT course outcomes.
- **Valerie O'Neil**, accountant, for continued support in financial management.
- **Our Volunteers and Facilitators** nationwide who deliver REBOOT programs with compassion and professionalism.

We also extend deep gratitude to **RSL Queensland**, our **corporate sponsors**, and all individual donors whose generosity enables this mission.

Looking Ahead: 2026

As we step into the new financial year, our focus will be on **strategic growth, enhanced partnerships, and international collaboration**. Key goals include:

- **Expansion of REBOOT Programs:** launch of the Restoring the Homefront couples retreat and the launch of Operation Restore self paced program and the addition of 1 day Moral Injury programs across the country. A exploration of expansion into the disaster recovery space.
- **International Collaboration:** Strengthening ties with **REBOOT USA** for co-development and global scalability.
- **Annual Gala 2026:** Continuing our signature fundraising and awareness event.
- **Grant and Donor Growth:** Diversifying income streams to enhance sustainability. Established a coloboration with Totalk Veteran Healthcare (TVH) to provide better step care for participants post reboot.

Plan for 2026

The 2026 calendar is shaping up to be one of our most impactful years to date, with a strong program schedule and the launch of new initiatives designed to deepen community healing and engagement.

Scheduled Programs and Events:

- **11–13 Feb (Wed–Fri):** REBOOT Gold Coast Intensive – *Face-to-Face*
- **3–5 Mar (Mon–Wed):** REBOOT Tasmania Intensive – *Face-to-Face*
- **4–6 May (Mon–Wed):** REBOOT Online Intensive #1 – *Online*
- **16 May (Sat):** Annual Gala Dinner – *Major Event*
- **8–12 Jun (Mon–Fri):** *Restoring the Homefront Couples Course* – *Face-to-Face*
- **22–24 Jul (Wed–Fri):** REBOOT Townsville Intensive – *Face-to-Face*
- **2–4 Sept (Wed–Fri):** REBOOT Adelaide Intensive – *Face-to-Face*
- **5–7 Oct (Mon–Wed):** REBOOT Online Intensive #2 – *Online*

The year will also see the official launch of the Restoring the Homefront course, designed to strengthen relationships and family resilience for couples affected by trauma. In addition, we are progressing with the development of Operation Restore, a self-paced online recovery program extending access to trauma healing globally. In addition we are exploring the oportunity to develop a family style podcast to serve the community and increase discussion around relationships and trauma.

Our commitment to maintaining existing sponsorships, securing new partnerships, and expanding grant opportunities remains a strategic priority. Planning is already underway for the 2026 Behind the Mask Gala, ensuring the continuity of this signature event as both a major fundraiser and celebration of community transformation.

Closing Statement

The 2024–2025 year has been one of consolidation, innovation, and growth. PTSD Resurrected stands stronger than ever — financially stable, mission-driven, and poised for national and international impact. To every volunteer, sponsor, facilitator, and participant, thank you for believing in this mission. Together, we are transforming lives and restoring purpose to those who have sacrificed so much.



Zoe Cullen
President
PTSD Resurrected Inc