

OPERATIONS REPORT AGM 2021/22

22nd November 2022

This operations report outlines the key objectives and milestones of the charity, inline with our mission, throughout the 21-22 FY.

Background:

PTSD Resurrected Inc. was established in 2017 to restore Hope, Healing and Purpose to individuals suffering from PTSD as a result of trauma experienced during their service. It was birthed out of a necessity to provide hope to the Veteran and First Responder community suffering extremely high suicide rates as a direct result of trauma. The Charity recognises trauma does not only impact an individual but the entire family, as a result we help individuals and families address trauma from a holistic perspective including spiritual, mental and physical.

Mission:

To provide support to individuals and families suffering from Trauma, PTSD and Depression as a result of their service.

Restoring Hope

The key activities of Hope involved street missions, Speaking Engagements, media engagements, Delivery of the REBOOT courses and opportunity for community engagement.

We have continued to facilitate:

1. Speaking engagements – aimed at increasing awareness and decreasing stigmas associated with mental health.
2. Generating community awareness and participation through BBQ's, Coffee catch ups in person and online.
3. The development of new Video series for Australian REBOOT courses.
4. The development of a REBOOT Trauma Healing course for all.

Promoting Healing

The Reboot Recovery Intensive 4-day Programs have been reshaped into a 3 day REBOOT Trauma Recovery program for all.

This financial year we delivered a REBOOT F2F in Currumbin 5-8 Oct 2021; however, due to COVID we saw the cancelation of REBOOT Townsville and REBOOT Nerang face to face scheduled programs.

We delivered 3 Online courses:

17-20 Aug 2021

15-18 Feb 2022

10-13 May 2022

These programs require a team of people and systems to be implemented effectively. The program requires a pre-roll out, roll out and post roll out procedure.

We were unable to run the All Services Charity Ball in 2021 due to COVID restrictions; however, we expect to run this event again in 2022.

RSL QLD have confirmed PTSD Resurrected Inc will again be an official Partner Program for 2022 and will be funding 3 face to face Reboot Intensive courses and 4 Online Reboot Intensive courses in 2022. Funding shortfalls remain to support facilitators and support staff, these positions must be funded to ensure the longevity of the programs and we are continuing to seek funding support to achieve this. A budget has been developed outlining the key shortfalls in detail and is available on request. We remain in a strong position to continue to bring these courses to people in need.

Re-defining Purpose

1. Community Engagement –Community engagement was also impacted by Covid and the subsequent restrictions, however we did facilitate pre & post Reboot gatherings and online coffee catch ups.
2. Warriors 4 Life – PTSD Resurrected Inc was successful in securing and acquitting a \$10,000 grant from Australia Post to facilitate the W4L project throughout 2020. Details are available on request.
3. Run 4 Resilience – The Third run was complete and was conducted under an MOU in September 2021. Thank you to Wayne McMurtie and his team who raised approximately \$1570 this year raising much needed funds to support the charity.
4. We have secured some additional support through another charity, (The Pride of Betterman Inc), who have run a number of fundraising activities and raised over \$7000 for the charity this financial year. This organisation has scheduled another Panorama challenge in 2023.
5. Tina and Andy Summers have kindly donated the profits from the sale of their book 'Through the Valley: One family's journey through PTSD'.
6. We have successfully rebranded from PTSD Resurrected Inc to REBOOT Australia to better align with our primary purpose and goals, (delivering REBOOT courses).

Independent Operational Measures

1. Xero Accounting system is ongoing and managed by the President and and Secretary. With the book keeping being completed by Valerie O'Neil as the accountant supervisor.
2. Website/ Social Media & Marketing – Thank you to Mary Melo for her vision and commitment to the charity. We have seen the development of the rebranding, maintenance and improvement of the website.

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ABN | 86 498 503 140

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Charity Registration No. | CH3004



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3. We have developed and will continue to develop a centralised online giving hub that is used for different fundraising activities. It has a brand and feel similar to our website however we are continuing development to make it a simple and desirable donation/fundraising experience.
4. Psychological Measures. We have continued to work with Johnny Teng registered psychologist based in Worongary with a private practice to develop and administer key psychological testing for each course. This has created industry recognisable evidence to support the Reboot Combat Recovery program and is available in an easy online format. In addition we have worked with Gallipoli Medical Research Foundation (GMRF) and RSL QLD over the past year and a report will be released in the near future revealing more very positive data around the effectiveness of the Reboot Intensive program.
5. We have maintained charity wide insurance for all activities.

THE FUTURE – 2021/22 FY

HOPE

1. Continue as per this year

HEALING

1. The following Reboot Intensive programs scheduled in 2022 / 23 involving our key team of facilitators:

Course	Scheduled Dates
Online 1	11 – 13 Aug 2022
Online 2	26 – 28 Oct 2022
Tasmania F2F	8 – 10 Nov 2022
Gold Coast F2F Nerang	15 - 17 Feb 2023
REBOOT UK	March 2023
Online 3	10 - 13 May 2023
Townsville F2F	6 - 10 June 2023
Online 4	30 Aug - 1 Sept 2023
Online 5	18 - 21 Oct 2023
Tasmania or Adelaide F2F Hobart	13 - 17 Nov 2023

PURPOSE

1. Run 4 Resilience will occur again as a partnership with our ambassador Wayne McMurtie leading and building a team.
2. We will continue our partnership with The Pride of Betterman Inc to raise much need funding support.
3. We will plan to hold our 2nd Charity Ball bigger and better than ever in June 2021.
4. Grow and train leaders to run the 12 week REBOOT Recovery programs in multiple locations across Australia, including regional centres.
5. Expand our reach throughout the South Pacific.

KEY OPERATIONAL OBJECTIVES IN 2020/21

1. To continue to meet the constitutional and ACNC guidelines including when we raise funds to continue to deliver all our initiatives in a sustainable manner.
2. Secure an aligned partnership with REBOOT USA that better allows us to deliver our mission to the community in need.
3. To continue to meet our grant contractual agreements with RSL QLD.
4. As per this year we will outsource an annual audit prior to the AGM.
5. Raise leaders in more locations for Reboot expansion including but not limited to Tasmania, Perth, NT, regional QLD and NSW.
6. Build a strong sense of community amongst Reboot Alumni
7. Develop and complete strong Corporate Social Responsibility Fundraising
 - a. Charity Ball
 - b. Specific fund raising campaigns
 - c. Create national government and media opportunities
 - d. Secure strong monthly donation commitments from companies and individuals
 - e. Complete appropriate grant submissions

The future is bright for PTSD Resurrected Inc. Hope, Healing and Purpose continue to underpinned the work we do in supporting our service community. Thank you for all you do.



Andy Cullen
Secretary
PTSD Resurrected Inc



Dave Marrett
Operations Officer
PTSD Resurrected Inc