Supporting individuals and Families effected by PTSD

# **CHAIRMAN'S REPORT** AGM 2021/22

PTSD

22nd November 2022

The vision of PTSD Resurrected to provide Hope, Healing and Purpose to the service community has continued to grow throughout 2021-2022. We have witnessed incredible change and healing in individuals, families and relationships. We are proud of all that has been achieved in this Financial Year. Our mission has not changed as we enter another year to provide support to individuals and families suffering from Trauma, PTSD and Depression as a result of their service.

### Hope

Speaking engagements this year have included:

- QLD Police •
- Community Groups and churches
- Councils
- Local Business Groups
- Local and State RSL's
- State and Federal MP's •

Every speaking engagement and book read has led to people being encouraged, hearing the truth of Jesus, removing stigmas around mental health and providing awareness.

#### Healing

The Reboot recovery program has evolved into a proven 3 day Intensive program that has enabled us to go further and support more people in a sustainable manner. The "Covid Environment" has pushed us out of our comfort zone to present an online course that has seen us successfully grow our national presence even without the ability to travel throughout parts of the financial year.

A big thank you to the core team of volunteers:

- Andy & Zoe Cullen Founders/ Chairman/ Secretary
- Dave Marrett Operations
- Sean and Leanne Degelder Pastoral Care
- Simon Schembri Treasurer lead facilitator
- Xenia Schembri lead facilitator / counsellor
- Mary Melo Marketing, media and advertising
- Paul Davidson Board Member
- David Freeman Legal Advice / Board Member
- Valerie O'neill Bookkeeping Accountants
- Jacquie Van de Velde Online support and Mentor •
- Luke Richardson Reboot Mentor

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John Galvin – Reboot Mentor

Emgil

Duncan and Lidia – Reboot Leaders and Mentors

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PTSDresurrected

ABN 86 498 503 140 INC no. IA56914 775 090 721 TFN

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CH3004 Charity Registration No.

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In the 2021/22 FY we completed the following courses:

F2F: **REBOOT Currumbin 5-8 Oct 21** 

Online: REBOOT Online - 17-20 Aug 2021 REBOOT Online - 15-18 Feb 2022 REBOOT Online - 10-13 May 2022

**Reboot National Expansion:** 12 Week Course lead by Duncan and Lidia in SA completed in Dec 21

We also completed the Australian REBOOT Video series currently being utilised on all intensive courses.

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### PURPOSE

This is the final key element of the charity that has been defined following the first Reboot Combat Recovery course. The need to build a community and facilitate opportunities to serve, became evident as a way to sustain and continue the healing journey and re-engage and foster the 'heart of service' of the course graduate. We have been able to do this in a healthy and safe way through the following key areas which will continue to be developed in 2022/23.

Community Events. Although impacted by Covid, This year we still maintained Social Media groups, held coffee catch ups and had course participants maintain friendships and support one another. We also held a number of successful fundraising events and increased engagement with local businesses, community groups and schools.

## **Key Alliances**

- Brigadier (Retired) Jim Wallace continues as our Patron.
- Our Board Of Directors: Zoe Cullen (Chair); Andy Cullen (Secretary); Simon Schembri (Treasurer); David Freeman (Lawyer); Paul Davidson (Board Member); Mary Melo (Board Member) and Sean DeGelder (Board Member) and Dave Marrett (Board Member)
- Queensland State RSL official Partner Program member •
- Wellbeing Australia official Partner Program member •
- Reboot Alliance U.S.A. •
- The Pride of Betterman Inc •
- Gallipoli Medical Research Foundation •
- Freeman's Organic Farm (Veteran's Garden) •
- Authors and veteran family Tina and Andy Summers •
- At The Ark official Partner Program member •
- Psychologist Johnny Teng

Email

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#### Future vision

2023 will see us as a charity shift our focus to deliver REBOOT Trauma Recovery For All courses to everyone, not just the service community. We will strive to deliver quality intensive courses across the country and overseas with a vision to reach more people globally. We will build a strong, resilient team of dedicated staff to take PTSD Resurrected into a more sustainable charity with abundance to serve our communities in need.

The achievements outlined above in the past year are incredible and we are grateful for the team and God's blessing over all our pursuits to bring Hope, Healing & Purpose to Veterans, First Responders, their families and the wider community. Andy and I are excited for the remainder of 2022 FY as we become more closely aligned with Reboot USA and continue to transition from PTSD Resurrected Inc to REBOOT AU. Our goal is to emerge as trauma healing centre for all who suffer from trauma, with a focus on growing the Reboot Community by enabling graduates and supporters to utilise their lived experience to help others.

Zoe Cullen President PTSD Resurrected Inc

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